

FAMILY LIFE EDUCATION 1 and 2

Course Codes: 5820 and 5821

Family Life Education 1 and 2 are designed to help students develop an understanding of various aspects of human relationships with emphasis placed on the unique needs and interests of individuals and families. Topics include: physical, mental, emotional, social, economic and psychological development. Integration of the Family and Consumer Sciences student organization, Family Careers, and Community Leaders of America (FCCLA), greatly enhances this curriculum.

Note: South Carolina law states that students in grades nine through twelve receive instruction in comprehensive health education, including at least seven hundred fifty minutes of reproductive health education and pregnancy prevention education. State policy states that parents have the right to have their child/children exempt from comprehensive health education program classes. See the complete Comprehensive Health Education Program Act at the following website:
<http://www.scstatehouse.net/code/t59c032.htm>

Objectives:

Students will:

1. demonstrate effective interpersonal skills.
2. identify safe and unsafe dating practices.
3. research and practice respect for cultural differences.
4. examine various family crises and locate available services and education.
5. explain the functions and structures of the family.
6. assess various health and wellness practices.
7. explore family and community services career paths.

Credit:

½ -1 per level

See Regulation R43-243 for class amount of time required.

National Certification:

none currently available

Recommended grade:

9-12

Prerequisite:

Family Life Education 1 before Family Life Education 2

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Glencoe/McGraw-Hill

Families Today, 4th Edition
Student Edition

The text is user-friendly, sensitive to cultural diversity, and easy to read with very colorful pictures. Character Education is integrated in the topics throughout the book. Assignments are provided to encourage writing. Enrichment and reteaching activities are included. An abundance of supplementary materials are available which provides flexibility and variety for the teacher. The life cycle and various physical disabilities are addressed. The text is very comprehensive and provides enough information to cover an entire school year.

Goodheart-Willcox Company
Contemporary Living –2004 Copyright

This text provides students with practical information needed to understand their development as individuals and family members. Units focus on attitudes, development, decision making, getting along with others, marriage, familial dimensions, and management. Each chapter highlights articles of interest to teens, learning objectives, terms to know, a summary, review questions, and activities. The teaching resources include the following: a student activity guide, teacher's resource guide, teacher's binder, transparency packet, and test creation software.

Goodheart-Willcox Company
Skills for Personal and Family Living

Student Edition

Author:Parnell

1590701003 09-12 2004 \$45.96

Skills for Personal and Family Living is a comprehensive text that encourages the student to meet the challenges of life. Responsible behavior and decision making is fostered through activities and content. Teaching strategies for all ability levels are included in the teacher's edition. There are number opportunities for critical thinking and cooperative learning.

Goodheart-Willcox Company
Strengthening Family and Self

Student Edition

Author:Johnson

1590701224 09-12 2004 \$43.98

Strengthening Family and Self is a comprehensive text that encourages personal growth and strong family relationships. Various learning styles are addressed. Career connections, technology activities, as well as cross-curricular activities are included

<http://www.mysctextbooks.com/>

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High School Education: human service worker, geriatric worker, community food service worker, personal and home care assistants, childcare workers, companions, customer service representative, small business owner

Postsecondary Education: social and human services assistant, adult day care coordinator, coordinator of volunteers, teachers' assistant, personal trainers,

Postgraduate Education: family and consumer sciences teacher, marriage, child, and family counselor, family life educator, career counselor, substance abuse and behavioral counselor, sociologist, community service director, Adult day care director, dietician, vocational rehabilitation counselor, psychologist, social worker, consumer credit counselor, certified financial planners

Standards Revision Committee:

Trina Caldwell
Crestwood High School

Juanita Mendenhall
Camden, South Carolina

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Keenan High School

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Andrew Jackson High School

Carole Walters
Heritage Community Services

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LEVEL 1 - 5820

A. Interpersonal Skills/Communication Skills

1. Analyze the results of utilizing the decision-making process.
2. Demonstrate communication skills that contribute to positive relationships.
3. Describe functions and expectations of various types of relationships.
4. Analyze the emotional, physical, economic and legal benefits of marriage.

B. Health and Wellness

1. Analyze health and wellness practices.
2. Identify proper nutrition habits and physical activities that promote a healthy lifestyle.
3. Identify factors that affect food safety and sanitation from production to consumption.
4. Explain the impact of HIV/AIDS, STI's, and chronic and acute diseases on families and individuals.

C. Family Development throughout the Life Cycle

1. Compare family life cycle stages with human development stages.
2. Explain how functions and structures of families change over time.
3. Determine the importance of preparing for a family.
4. Demonstrate respect for diverse perspectives, needs and characteristics of individuals and family.

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Level 2 - 5821

D. Family Resource Management

1. Identify financial management needs of individuals and family (banking, insurance, credit, medical, budgeting, major purchases, and leisure activities).
2. Analyze how knowledge and skills related to family resources affect the well-being of individual, families.
3. Identify costs of providing basic needs for families.
4. Examine how work impacts the individual and family financially, emotionally, physically, socially, and intellectually.

E. Crisis Management

1. Explore different types of family crisis.
2. Evaluate conditions affecting individuals and families experiencing crises.
3. Identify professional services and education for individuals and families experiencing crises.

F. Careers

1. Integrate knowledge, skills, and practices required for careers involving the family.
2. Explore family and community services career paths.